

For more help, you can call or write:

Ray Kellar, Superintendent/Principal
Dunsmuir Joint Union High School District
5805 High School Way
Dunsmuir, CA 96025

(530) 235-4835
(530) 235-2224 fax

Website: dunsmuirhigh.k12.ca.us

The teachers, administrators, and staff of the Dunsmuir Joint Union High School District believe in the equal worth and dignity of all students and are committed to educating all students to their maximum potential.”

Students, Don't Let Others Bully or Harass You!



What is harassment? Harassment is...

- Behavior that may make you feel unsafe or scared and keeps you from learning
- Against school rules and the law

You can get help. It's your right to be safe!

Behaviors that may be harassment...

- Unwanted hugging, kissing, grabbing, rubbing or touching.
- Standing too close or stopping someone from moving.
- Teasing or saying disgusting rumors and mean jokes about others or making comments about other's bodies.



- Writing hurtful notes, graffiti, electronic messages.
- Showing or sending nasty pictures, posters, cartoons, or drawings that make others feel uncomfortable.
- Making rude body movements that embarrass people Ignoring someone on purpose.

Don't bully. It's wrong!

- Don't bother or touch other kids if they don't want you to. "I was only playing" is not a good reason.
- Don't tease or make fun of other students.



- Don't join in when someone teases or bullies other kids.
- Respect and be nice to everyone.
- Think about the words you use.

How can you stop harassment?

- If others are bullying or harassing you, tell them to stop.



- If a friend tells you someone is bothering them, try to help them tell someone.
- If bullies don't stop bothering you or a friend, tell an adult you trust.

Who can help if someone is bothering you?

- Parents, teachers, principals, complaint managers or other trusted adults can help you.
- Once your school knows about your concerns, they will stop the harassment and keep you safe.

What could happen to others who bully or harass you?

- A warning
- A parent conference about their behavior
- Other consequences or discipline

