

Dunsmuir High School Breakfast April-2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	3 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	4 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	5 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	6 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
9 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	10 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	11 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	12 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	13 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
16 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	17 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	18 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	19 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	20 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
23 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	24 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	25 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	26 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	27 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
30 NO SCHOOL TODAY				

Dunsmuir High School Lunch April - 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 FRENCH DIP SANDWICH PB&J, STRW W/ CHEESE STICK SUN CHIPS CARROTS, STEAMED SALAD BAR FRESH FRUIT MILK VARIETY	3 CHICKEN STIR.FRY PB&J, STRW W/ CHEESE STICK FRIED RICE CARROTS, STEAMED WHOLE GRAIN ROLL SALAD BAR FRESH FRUIT MILK VARIETY	4 CORN DOG PB&J, STRW W/ CHEESE STICK RANCH BEANS VEGETABLES-CALIF. BLEND SALAD BAR FRESH FRUIT MILK VARIETY Mustard, 4.5gm packet	5 GRILLED HAM & CHEESE PB&J, STRW W/ CHEESE STICK TOMATO SOUP GREEN BEANS SALAD BAR FRESH FRUIT MILK VARIETY	6 BEEF AND BEAN BURRITO PB&J, STRW W/ CHEESE STICK SPANISH RICE CARROTS, STEAMED SALAD BAR FRESH FRUIT MILK VARIETY
9 BEEF NACHOS PB&J, STRW W/ CHEESE STICK REFRIED BEANS SPANISH RICE CORN SALSA, COMMODITY (Tbsp) SALAD BAR FRESH FRUIT MILK VARIETY	10 STROMBOLI PB&J, STRW W/ CHEESE STICK MIXED VEGETABLES SALAD BAR FRESH FRUIT MILK VARIETY	11 CHEESEBURGER PB&J, STRW W/ CHEESE STICK FRENCH FRIES CARROTS, STEAMED SALAD BAR FRESH FRUIT MILK VARIETY CONDIMENTS	12 SOFT CHICKEN TACO PB&J, STRW W/ CHEESE STICK BLACK BEANS SPANISH RICE CORN TACO SAUCE PACKET SALAD BAR FRESH FRUIT MILK VARIETY	13 PIZZA PB&J, STRW W/ CHEESE STICK SQUASH, SUMMER SALAD BAR FRESH FRUIT MILK VARIETY
16 HOT DOGS PB&J, STRW W/ CHEESE STICK PINTO BEANS STEAMED BROCCOLI CONDIMENTS SALAD BAR FRESH FRUIT MILK VARIETY	17 CHICKEN ENCHILADAS PB&J, STRW W/ CHEESE STICK SPANISH RICE REFRIED BEANS STEAMED BROCCOLI CASA SOLANA SALAD BAR FRESH FRUIT MILK VARIETY	18 FRENCH DIP SANDWICH PB&J, STRW W/ CHEESE STICK AU JU LETTUCE & TOMATO SUN CHIPS SALAD BAR FRESH FRUIT MILK VARIETY	19 ROAST TURKEY PB&J, STRW W/ CHEESE STICK MASHED POTATOES BROWN GRAVY WHOLE GRAIN ROLL CORN SALAD BAR FRESH FRUIT MILK VARIETY	20 BEEF NACHOS PB&J, STRW W/ CHEESE STICK REFRIED BEANS SPANISH RICE CORN SALSA, COMMODITY (Tbsp) SALAD BAR FRESH FRUIT MILK VARIETY
23 CORN DOG PB&J, STRW W/ CHEESE STICK RANCH BEANS VEGETABLES-CALIF. BLEND SALAD BAR FRESH FRUIT MILK VARIETY Mustard, 4.5gm packet	24 SPAGHETTI w/ MEAT SAUCE PB&J, STRW W/ CHEESE STICK STEAMED BROCCOLI WHOLE GRAIN ROLL SALAD BAR FRESH FRUIT MILK VARIETY	25 BBQ PORK SANDWICH PB&J, STRW W/ CHEESE STICK FRENCH FRIES VEGETABLES-CALIF. BLEND SALAD BAR FRESH FRUIT MILK, VARIETY	26 GRILLED HAM & CHEESE PB&J, STRW W/ CHEESE STICK TOMATO SOUP GREEN BEANS SALAD BAR FRESH FRUIT MILK VARIETY	27 PIZZA PB&J, STRW W/ CHEESE STICK SQUASH, SUMMER SALAD BAR FRESH FRUIT MILK VARIETY
30 NO SCHOOL TODAY				