

Breakfast January - 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 NO SCHOOL TODAY	4 NO SCHOOL TODAY
7 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	8 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	9 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	10 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	11 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
14 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	15 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	16 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	17 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	18 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
21 NO SCHOOL TODAY	22 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	23 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	24 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	25 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
28 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	29 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	30 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	31 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	

Lunch January - 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 NO SCHOOL TODAY	4 NO SCHOOL TODAY
7 CHICKEN STIR FRY PB&J HOMEMADE FRIED RICE STEAMED BROCCOLI WHOLE GRAIN ROLL SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	8 SOFT CHICKEN TACO PB&J HOMEMADE BLACK BEANS SPANISH RICE CORN TACO SAUCE PACKET SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	9 CHEESEBURGER PB&J HOMEMADE FRENCH FRIES CARROTS, STEAMED SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS CONDIMENTS	10 SPAGHETTI w/ MEAT SAUCE PB&J HOMEMADE CORN WHOLE GRAIN ROLL SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	11 PIZZA PB&J HOMEMADE STEAMED BROCCOLI SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS
14 GRILLED CHICKEN BREAST PB&J, STRW W/ CHEESE STICK MASHED POTATOES BROWN GRAVY WHOLE GRAIN ROLL CORN SALAD BAR FRESH FRUIT MILK VARIETY	15 ROAST TURKEY PB&J HOMEMADE MASHED POTATOES BROWN GRAVY WHOLE GRAIN ROLL CORN SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	16 BEEF NACHOS PB&J HOMEMADE REFRIED BEANS SPANISH RICE CORN SALSA, COMMODITY (Tbsp) SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	17 HOT DOGS PB&J HOMEMADE PINTO BEANS STEAMED BROCCOLI CONDIMENTS SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	18 PIZZA PB&J HOMEMADE STEAMED BROCCOLI SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS
21 NO SCHOOL TODAY	22 BEEF AND BEAN BURRITO PB&J HOMEMADE SPANISH RICE CARROTS, STEAMED SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	23 FRENCH DIP SANDWICH PB&J HOMEMADE SUN CHIPS CARROTS, STEAMED SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	24 GRILLED CHICKEN BREAST PB&J, STRW W/ CHEESE STICK MASHED POTATOES BROWN GRAVY WHOLE GRAIN ROLL CORN SALAD BAR FRESH FRUIT MILK VARIETY	25 PIZZA PB&J HOMEMADE STEAMED BROCCOLI SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS
28 STROMBOLI PB&J HOMEMADE MIXED VEGETABLES SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	29 FRENCH DIP SANDWICH PB&J HOMEMADE SUN CHIPS CARROTS, STEAMED SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	30 BBQ PORK SANDWICH PB&J HOMEMADE FRENCH FRIES FRESH ZUCCINNI SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS	31 CHEESEBURGER PB&J HOMEMADE FRENCH FRIES CARROTS, STEAMED SALAD BAR FRESH FRUIT Milk Choc Fat Free, Dhs Milk Lowfat Berkeley DHS CONDIMENTS	