

# Dunsmuir High School

001 - Dunsmuir High School

Feb 22, 2018

## Breakfast March-2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Mar - 1 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 2 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
Mar - 5 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 6 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 7 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 8 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 9 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
Mar - 12 NO SCHOOL TODAY	Mar - 13 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 14 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 15 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 16 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
Mar - 19 SAUSAGE PANCAKE WRAP CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 20 WAFFLES CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 21 BREAKFAST BURRITO CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 22 FRENCH TOAST STICKS CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY	Mar - 23 HAM & CHEESE BAGEL CEREAL VARIETY BAGEL W/ CREAM CHEESE YOGURT, LOWFAT JUICE CHOICES FRESH FRUIT MILK VARIETY
Mar - 26 NO SCHOOL TODAY	Mar - 27 NO SCHOOL TODAY	Mar - 28 NO SCHOOL TODAY	Mar - 29 NO SCHOOL TODAY	Mar - 30 NO SCHOOL TODAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Dunsmuir High School

001 - Dunsmuir High School  
Lunch March-2018

Feb 22, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Mar - 1 FRENCH DIP SANDWICH PB&J, STRW W/ CHEESE STICK SUN CHIPS CARROTS, STEAMED SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 2 BEEF AND BEAN BURRITO PB&J, STRW W/ CHEESE STICK SPANISH RICE CARROTS, STEAMED SALAD BAR FRESH FRUIT MILK VARIETY
Mar - 5 CHICKEN STIR FRY PB&J, STRW W/ CHEESE STICK FRIED RICE CARROTS, STEAMED WHOLE GRAIN ROLL SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 6 STROMBOLI PB&J, STRW W/ CHEESE STICK MIXED VEGETABLES SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 7 CORN DOG PB&J, STRW W/ CHEESE STICK RANCH BEANS VEGETABLES-CALIF. BLEND SALAD BAR FRESH FRUIT MILK VARIETY Mustard, 4.5gm packet	Mar - 8 CHEESEBURGER PB&J, STRW W/ CHEESE STICK FRENCH FRIES CARROTS, STEAMED SALAD BAR FRESH FRUIT MILK VARIETY CONDIMENTS	Mar - 9 ROAST TURKEY PB&J, STRW W/ CHEESE STICK MASHED POTATOES BROWN GRAVY WHOLE GRAIN ROLL CORN SALAD BAR FRESH FRUIT MILK VARIETY
Mar - 12 NO SCHOOL TODAY	Mar - 13 FRENCH DIP SANDWICH PB&J, STRW W/ CHEESE STICK AU JU LETTUCE & TOMATO SUN CHIPS SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 14 CHICKEN ENCHILADAS PB&J, STRW W/ CHEESE STICK SPANISH RICE REFRIED BEANS STEAMED BROCCOLI CASA SOLANA SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 15 PIZZA PB&J, STRW W/ CHEESE STICK SQUASH, SUMMER SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 16 CORNED BEEF & CABBAGE PB&J, STRW W/ CHEESE STICK WHOLE GRAIN ROLL SALAD BAR FRESH FRUIT MILK VARIETY
Mar - 19 BBQ PORK SANDWICH PB&J, STRW W/ CHEESE STICK FRENCH FRIES VEGETABLES-CALIF. BLEND SALAD BAR FRESH FRUIT MILK, VARIETY	Mar - 20 HOT DOGS PB&J, STRW W/ CHEESE STICK PINTO BEANS STEAMED BROCCOLI CONDIMENTS SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 21 GRILLED HAM & CHEESE PB&J, STRW W/ CHEESE STICK TOMATO SOUP GREEN BEANS SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 22 SOFT CHICKEN TACO PB&J, STRW W/ CHEESE STICK BLACK BEANS SPANISH RICE CORN TACO SAUCE PACKET SALAD BAR FRESH FRUIT MILK VARIETY	Mar - 23 BEEF NACHOS PB&J, STRW W/ CHEESE STICK REFRIED BEANS SPANISH RICE CORN SALSA, COMMODITY (Tbsp) SALAD BAR FRESH FRUIT MILK VARIETY
Mar - 26 NO SCHOOL TODAY	Mar - 27 NO SCHOOL TODAY	Mar - 28 NO SCHOOL TODAY	Mar - 29 NO SCHOOL TODAY	Mar - 30 NO SCHOOL TODAY

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